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Free Book - Nutrition, Functional Foods and Epigenetics

Digital Signer:john laerence king
DN:C=GB, E=johnlawrenceking@bio-functional-foods.com, O=www.bio-functional-foods.com, OU=www.yinyangquantumbuddhism.tech, CN=john laerence king
Date:17/02/2025 15:50:55 +00:00

Nutrition, functional foods and epigenetics

Yin Yang Quantum Buddhism is the 3rd-way (or the Natural Tao), towards the Quantum Science Renaissance; as the Yin Yang Quantum Buddhism Belief System has a foundation of Quantum and Molecular to prove the pattens of Science Evolution. Together with many Science Inventions and books towards your good health.

"The meaning and purpose of life is to live, love, and be loved, via co-evolving mutualism or debate and happiness occurs on the Tao/Way of evolution" John Lawrence King

Always promoting science and technology in a harmless reasonable lawful way

"This website is not for control or power other others" John Lawrence King
This website is not in the pursuit of wealth and power, love and happiness is the objective
Those that help others in a harmless way seem to be reasonably happy

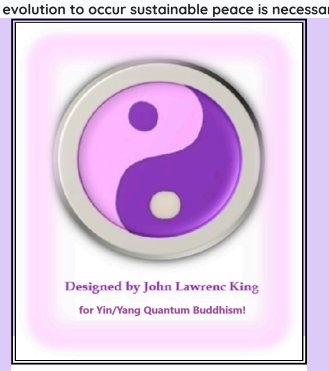
Please note the domain - Bio-functional-foods.info is no longer my domain - please do not do plagiarism, please reference to **www.yinyangquantumbuddhism.tech This belief-system will make peace with China and prevent the devil-games from causing chaos, mayhem and conflict between years 06.06.2026 and June 2066.**

The antagonist opposites will create fragmentation in your relationships, the solution is mutualism and debate to avoid fragmentation;

Yin-yang co-evolving mutualism is the way to achieve best quality love.
The relationship Tao could be plotted upon a graph so to maintain best quality love via mutual love, debate, and communication on forever changing scales of perception during evolution of the Tao.
The aera of 0 and the 10- ---------- 0 ---------- +01 scales of reasonable balanced moderate thought, is the area of evolution.

This website is for the people NOT for the hierarchy (NOT monarchism)
Yin Yang Quantum Buddhism is NOT for homosexuals

This website does not take any type of donations or charity money *(see bio functional foods - a method of feeding the poor)*
The rate of evolution is dependent upon sustainable peace !
For evolution to occur sustainable peace is necessary



Download website link
Download website link

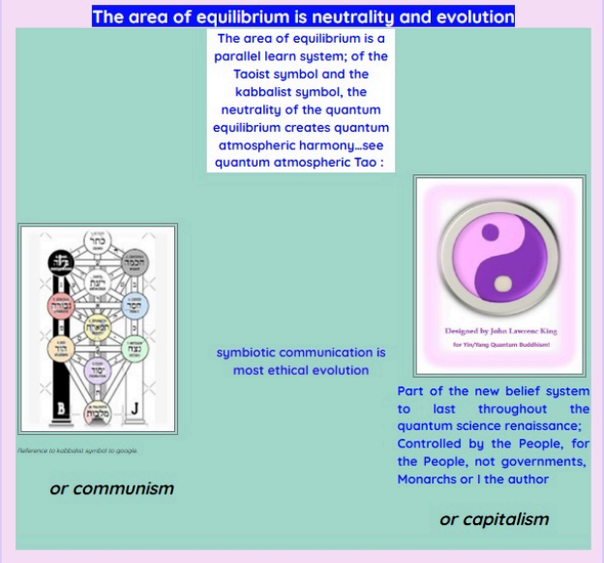
www.quantumsciencerenaissance.com
www.bio-functional-foods.org
www.biofunctionalgels.charity
www.functional-foods.info

Peace sustainability and environmental sustainability are related!

A system of analytical peace keeping
Also see The origins of the universe Hypothesis

The Pattens of science Evolution to co-evolve with the quantum-science renaissance.

The area of evolution within the pattens of science evolution is the equilibrium of the Taoist symbol and the kabbalist symbol: -



also see Communal living and equality concepts of Yin Yang Tao Buddhism
The meaning and purpose of life is to live, love and be loved and to evolve,
preferably via co-evolving mutualism or debate; see Yin/Yang charm
& Yin/Yang charm

Those that would like to make and sell the neckless (promoting Yin_Yang Quantum Buddhism),
I would make a link here for your website.

Kindly regards
johnlawrenceking@bio-functional-foods.com

also see: yin/yang coevolving mutualism within Tao Buddhism.
Respect, Equality and Love is co-evolving-mutualism

New membership coming soon on: www.yinyangquantumbuddhism.tech

On your forever changing scales of perception learn, change, and do no harm!

10+ ---------- 0 ---------- -10

also see: atmospheric quantum physics, the quantum equilibrium of the quantum polarities

Also see Bio Functional food/Gels™: A system of food production not dependent on photosynthesis also for keeping populations in good health between now and next forty years *(see book - Nutrition, functional foods and epigenetics an introduction wrote by John Lawrence King)*

Also if there is a CEO global strategic leadership vacancy, I may perhaps be interested contact at: johnlawrenceking@bio-functional-foods.com
see A system of analytical peace keeping

This website does not accept donations, never has and never will accept charity.

The perfect relationship and the patterns of science evolution;
It would be nice if I found a calm/quiet compatible female-Yin of which, perhaps a classical personality type if you're interested write… to me (or email: johnlawrenceking@bio-functional-foods.com) with your photograph.

1. ***A.I. generated Love song***
2. **Yin's Love song Specially for Yang**(not A.I.)
3. **On The Tao of Nature** Song/Verse (not A.I.)

Tao Love song: -

On The Tao of Nature

On the Atmospheric Tao of time
The love of Yin and Yang are forever lasting
Like the patterns of natural Tao is forever lasting
Where souls evolve and the love is forever lasting

Through the dimensions of time
Of the Tao, the quark entanglement we breathe akin to life's building blocks though forever lasting love is eternal

On the Tao of space and time
We will embrace for all eternity
Heavenly and delightful entangled on the etheric Tao in perfect synchronised harmony the love always entangled
in life and eternal life of infinity

Planetary pattens of constellations and Tao are intertwined and the pattens manifest with the Tao
you and I are manifestations of Tao pattens through the dimensions of time
The meiotic manifestations of the constellations and Tao
That shine light on all humanity
When heavenly inspired lights your Tao eternally with the eternal light of evolved individuals

The harmonious symphony of the Tao brings universal love so divine
pattens of nature like a lovely symphony when in harmony so heavenly surpasses all beauty
when the true Tao is known

Harmony of Yin and Yang is heavenly on the Tao patterns of evolution are known
the enhanced intuition brings heavenly understanding on the Tao of Yin and Yang
true love and Tao love shines like a timeless dream for all eternity

On The Tao of Nature

If a musician would write sheet-music for the love songs I would be appreciative, thanking you in advance john johnlawrenceking@bio-functional-foods.com

www.bio-functional-foods.org

The Foundations for the A.I. song **Universe of Us** are :-

The perfect relationship and the patterns of science evolution

"the more you grasp onto love the more elusive harmless love becomes"

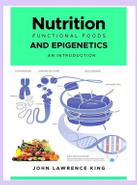
"none-competitive co-evolving mutualism is the solution to growing good quality love; Harmless Symbiotic Mutualism is an love enhancer"

see Yin/Yang charm & Yin/Yang charm

Tao Heart

Helping Towards the Quantum-Science-Renaissance with free books & downloads;
Quantum level Epigenetics and Quantum-Epigenetic-Drift will be the next step in the evolution of epigenetics

Free Book - Nutrition, Functional Foods and Epigenetics

or from ebay:	or from amazon:
	

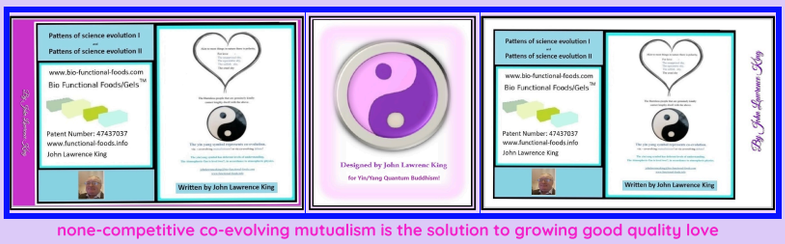
"The pseudo affect is when thought = energy internal to the physiology via the quantum fields of entanglement and tunnelling; The pseudo affect is utilised in a positive way by a positive intellectual attitude towards your good health" John Lawrence King

Atmospheric-Quantum-Karma will be proven during the quantum renaissance of mathematics and quantum sciences; The fields of entanglement and tunnelling and additional mechanistic unidentified phenomenon not yet known within the air we all breath that affects the quantum biology of physiology in a positive or negative way *(see positive intellectual attitude in first book Nutrition, Functional Foods and Epigenetics)*

"The meaning and purpose of life is to live, love, aand be loved, via co-evolving mutualism or debate and happiness occurs on the Tao/Way" John Lawrence King

FREE Download Book - Patterns of Science Evolution I and II & Nutrition, Functional Foods and Epigenetics.pdf

Book 3 :- Towards the evolution of Yin Yang Quantum Buddhism



none-competitive co-evolving mutualism is the solution to growing good quality love
new books | www.functional-foods.uk (bio-functional-foods.org)

The quantum noise in room temperature computing is reduced via the pattens of science evolution of which, are quantum equilibrium of the quantum polarities; And for room temperature laptops – Quantum-flip/flops derived from flipping the the polarity changes of the two up and two down quarks, utilising quantum entanglement to produce resultant Q-bits

10+ ---------- 0 ---------- -10

In atmospheric quantum physics, the quantum equilibrium of the quantum polarities hypothetically changes the quantum level kinetics and pressure, measured via a barometer…

The concepts of Advanced_Atmospheric_Gaia and Advanced_Environmental_Gaia is towards the new belief systems that can co-evolve during the quantum science renaissance.
Also see Quantum_Atmospheric_thermal_dynamics and
invention of Quantum_Atmospheric_Chromatography equipment *(not yet achieved)*

A list of Sciences invention's by John Lawrence King
also see: Resent Room-Temperature Quantum Computing research form Japan

Perhaps I should clearly state that my book and websites are NOT an election or Monarch campaign John Lawrence King

The considerations/science-hypothesis on this website are not for control or power other others.

I refuse to sell my book at a high price thus, to stop the fraudsters you can download my book for free via my website links.

A Dynamic solid state power-battery that are receptive to oscillator frequency change of polarity for cars/phones functioning on transmitted electricity.
See invention number 7, 12 & 13

Towards science invention Number 8 - Bio-marker-watch – further research – pickup the electron/positron polarities – later research into picking up the quantum polarities so to indicate the bio-markers and represent the bio-markers via dynamic statistics on the watch interface.

Always promoting science and technology in a harmless reasonable lawful way

"The competitive mind is a conditioned mind" john Lawrence King

Veed is the name of the software used for .mp4 video

communication should be symbiotic not parasitic, co-evolving mutualism is symbiotic

The ambitions of other's has created negative evolution, Choose love not power see

The perfect relationship and the patterns of science evolution

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This is a method of feeding the poor and to feed populations after/during droughts or floods and also for supermarket supplies

(The bio functional food/gels would be waterproof so the gels are still edible in flood conditions).

Also unless nutrients are proven to be safe by science, don't eat!

Bio Functional Foods/Gels are fortified, fermented and enhanced foods to provide nutrients during drought and flood environments and also to supply the supermarkets, Asda, Tesco, Aldi, Co-op, other super market/retail outlets... and also for charitable organisations.

Fermentation techniques are more productive/faster/more efficient than traditional growing seasonal crops

Bio Functional foods/Gels are gels grown from bacteria, fungi and algae (utilising synthetic biology *(see bio-ethics in book)* and fermentation), grown under laboratory conditions on an industrial scale. The functional gels/foods would contain NAD+, Sirtuins, trans-resveratrol, protein, minerals, vitamins and other health beneficial ingredients also derived from fruit/vegetables.

The tofu-like-jelly-blocks of functional foods would be in different colours to represent different nutrients that have both nutritional and health benefits, perhaps complement or even replacement of fruit and vegetables in the future due to long shelf life(1 year); Specifically Bio-Functional-Gels/foods are to freely feed populations after/during droughts, floods and wasteland/desert environments, though reforestation is often possible.

The dynamic statistics derived from invention number eight, the Bio-Marker-Watch would indicate the appropriate colour Bio-Functional-Food/Gels.

Bio functional gels/foods are an solution to environmental problems that are likely to occur in the future also the production techniques make bio-mass calculations not so important with respect to the potentiality of photosynthesis.

The materialism generated via the supermarkets would generate necessary cash-flow to supply the distribution-charities that would not rely on donations so to freely supply bio-functional-foods/gels to other charities and feed the poor during future environmental catastrophes due to pollution/climatic changes *(please note: the next ice-age is not due for 50.000 years); also note n*o person(s) is/are obligated to supply food to populations, or to improve the environment.

This business venture proposal, for experienced biotech industrialists*(perhaps even Temple/Monastery(s)* with the right type of help) interested in investing into the manufacture of bio-functional-gels, the researchers with recent lab-based-experience are required though.

The companies would have charity (not for profit) status and comprise of three elements:-

- A manufacturing industrial unit(s)
- A sales organisation(s)
- A charities(s) for the distribution of Bio-Functional-Gels

The companies would be distributed in different countries, if you are interested and from a industrial food processing manufacturing company or harmless organisations; interested in the manufacture of Bio-Functional-Food/Gels please send your inquiries to johnlawrenceking@bio-functional-foods.com

Please note, this is NOT a franchise, it is a philanthropical (not for profit) business opportunity whereby the companies would be economically self-reliant as the income generated from sales to supermarkets/retail outlets would have resultant independent autonomy, and help feed the poor; if any would like to help with a cash-flow-forecast towards pleases send to: johnlawrenceking@biofunctionalgels.charity also eventually a instruction book on how to manufacture Bio Function Food/Gels™

A lot of research is required to achieve Bio-Functional-Gels, perhaps an harmless established biotechnology organisation(s) would be interested? or Perhaps large corporate organisation(s) ?; One UK company has been established by me though not trading yet! at this time I have no funds to start the company: https://find-and-update.company-information.service.gov.uk/company/14645535/filing-history though I shall eventually have funding to begin trading.

Please note that the look-a-like pictures are NOT me, they are what was on my mobile phone at the time of taking the photograph, I'm not responsible for the behaviours of the lookalikes, if proven to be good and harmless! that would be fine though I do not need Imposter terra.

Those individuals that intend to communicate with the real author/inventor the only way is via email: johnlawrenceking@bio-functional-foods.com or mail.

Kind regards

John Lawrence King

Always promoting science and technology In a harmless reasonable lawful way

Do not build your house on corruption, build on legality!

johnlawrenceking@bio-functional-foods.com
www.bio-functional-foods.org
www.bio-functional-foods.com
Nutrition, Functional Foods and Epigenetics | www.functionalfoods.uk

See Fermentation/Bioreactors/freeze-dryers and other equipment examples: -
https://www.lab1st.com/
Industrial Scale | lab1st-scientific- freeze-drying equipment
https://www.lab1st.com/bioreactors?gclid=Cj0KCQiA8t2eBhDeARIsAAVEga0caPkajpZ6-3pKKMhS1aBwWhMwSI13mKLFHaspb5HcdL_TFAcU0KEaAik6EALw_wcB
Bio-functional Food Engineering (BFE) Facility - Teagasc | Agriculture and Food Development Authority
(PDF) e-food science project: Bio-functional foods (researchgate.net)
Recent applications of bio-engineering principles to modulate the functionality of proteins in food systems - ScienceDirect47

Also see:

Additional links for juicing/smoothies/powders:-

- super greens - fruit and vegetable powder - Bing - Shopping
- fruit and vegetable powder - Google Search
- Organic Fruit and Vegetable Powders - Bing - Shopping
- https://www.innocentdrinks.co.uk

Additional link for Fermented products:-

- https://ofdreamsandknowledge.com/what-are-biofunctional-foods-all-you-need-to-know/#

The concept of fermented product is suitable for breweries as they have industrial fermentation equipment; thus a glass of alcoholic beverage could be replaced with a glass of fermented vitamins, minerals and proteins in a balanced moderate way.

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www.bio-functional-foods.org

Communal living concept was established vie the Global Ecovillage Network - Community for a Regenerative World
and vegan society so that people can live in Harmony together.
https://ecovillage.org
We are all equal in accordance to communal living

A list of Sciences invention's by John Lawrence King

Energetically (with reference to quantum theory) the human soul is part of the same energy around the circumference of the planet; *if you are black... or white... the soul is a little part of the same!* energy that has evolved from the origin of the universe

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Free Book - Nutrition, Functional Foods and Epigenetics; *wrote by John Lawrence King during 2021*

Quantum level Epigenetics and Quantum-Epigenetic-Drift will be the next step in the evolution of epigenetics

About the Author of the book and www.bio-functional-foods.org, www.functional-foods.info & www.bio-functional-foods.com

About the author (John Lawrence King) has been in retail (King's Sewing Machines - was also a member of the office of fairTrading) since 1979 until the 1990s recession. Thus, began studying during the early nineties, initially college and later at: - NESCOT, University of Bolton and the Open University; studying Biological Sciences (research), Environmental Science, Computer Sciences and Initial Teacher Training (self-appraisal is part of teacher training with Susan Stanyard); more recently studying towards quantum biology and interested in science invention of clean technologies. Also, studied/explored/investigated holistic complimentary therapies to see if the science can attest/prove. Also an harmless physically disability on my left hand due to car accident (it took 20 years to recover After being in a coma for 5 to 6 days at the age of 3 years), free book :-www.functional-foods.info (Book written during 2021)

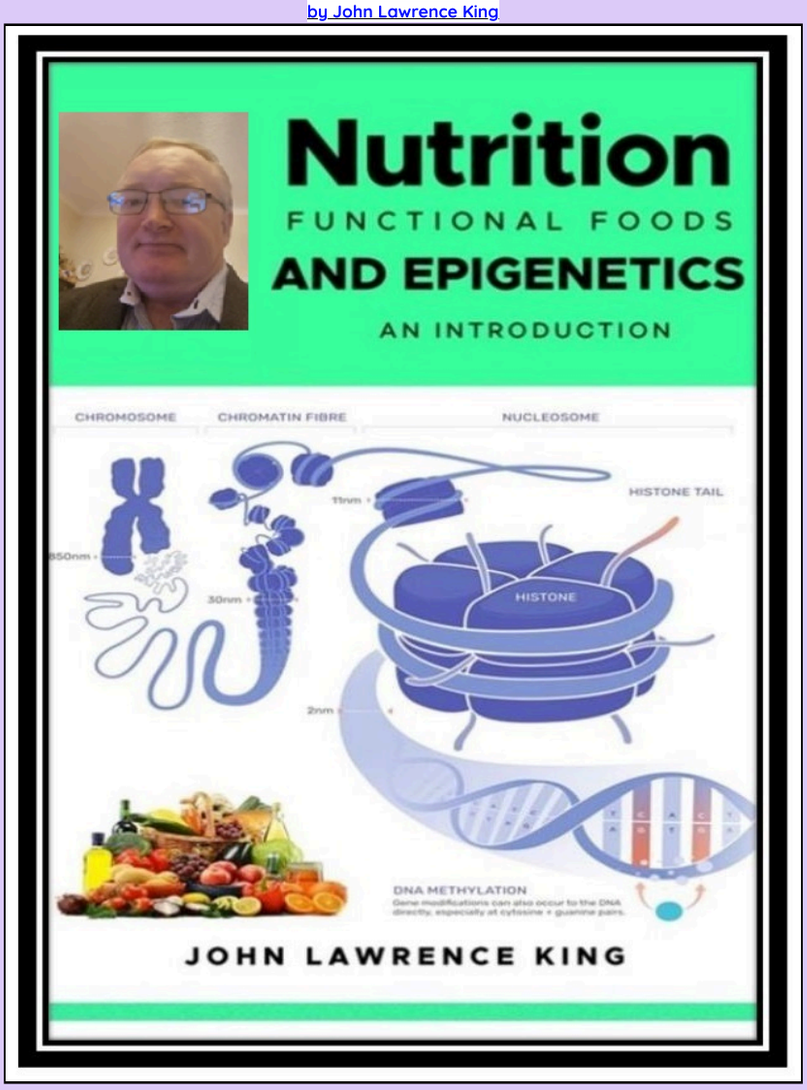
Synopsis

Discover the fascinating world of nutrition and functional foods with this new textbook from author John Lawrence King. Ideal for beginner to intermediate level students in health education, this paperback publication from amazon covers the latest research and insights into the role of epigenetics in our diet.

Explore the impact of different food groups on our genetic expression, and learn how functional foods can be used to support health and wellness. This comprehensive guide is suitable for adult learners in further education, sixth form college, or vocational school, and provides a valuable resource for anyone interested in the cutting-edge field of nutritional science.

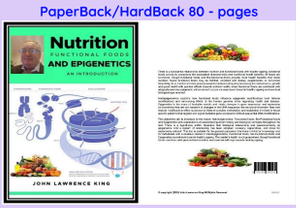
Free Book - Nutrition, Functional Foods and Epigenetics (.pdf)

by John Lawrence King

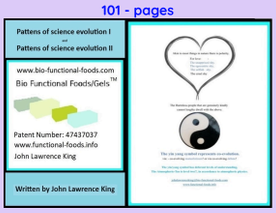


PaperBack 81 -pages

PaperBack/HardBack 80 - pages



101 - pages



A list of Sciences invention's by John Lawrence King

Pattern(s) of Evolution

The patten of ecology within a petri dish will show that equilibrium of the bacterial polarities within the bacteria colony of the petri dish will balance to equilibrium; proving equilibrium of the polarities is a patten of the ecology within a petri dish. The pattens of equilibrium are in science evolution and also natural-relationship evolution; the science hypothesis is that evolution is not competitive at quantum or molecular level, even at relationship level as shown with the Taoist symbol *(see TaoEvolution symbol – yin/yang coevolving mutualism) .*

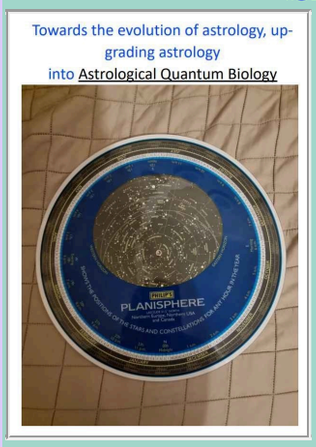
'Equilibrium of yin/yang will diminish the divorce rate via sensitive debative mutualism' kind regards John Lawrence King

'Equilibrium of the parties/*polarities* will keep peace towards communal-living' kind regards John Lawrence King

'The pattens of science evolution are Equilibrium of the polarities' kind regards John Lawrence King

****

Quantum evolution



Romantic suggestions linked with astrological-quantum-biology would be very compatible and coevolving mutual relationships would be long-lasting as the beneficial information provided via the new astrologers of astrological-quantum-biology would be very precise within a new dating App.

This is a bit of a hypothesis, yet to be proven, both polarities of male and female brain is different, the male (yang) and female (Yin) neurological networks are different in density and structural difference. The difference creates differentiated quantum energy via quantum entanglement *(See bit-coin-encryption-keys - in book).*

A magnet has quantum equilibrium, co-evolution is equilibrium that is an innate none-competitive patten written in science-evolution *(i.e. relationships evolve better with pattens of none-competitiveness, as with molecular and quantum evolution, Whereby two souls grow and stay together via co-evolving mutualism, in accordance to the pattens of science evolution).* Also see:- *Astrological Evolution - Towards the evolution of astrology, upgrading astrology into Astrological Quantum Biology.*

The perfect relationship and the patterns of science evolution

"Equilibrium of the parties/*polarities* will keep peace towards communal-living" kind regards John Lawrence King

"'The pattens of science evolution are Quantum Equilibrium of the Quantum polarities" kind regards John Lawrence King

Atmospheric thermal dynamics will evolve into Quantum Atmospheric thermal dynamics of which will evolve into Atmospheric-Quantum-Karma during the quantum renaissance of mathematics and quantum sciences with many inventions to establish belief system(s) that are not management of which will be forever lasting.

"Equilibrium of yin-female/yang-male will diminish the divorce rate via Sensitive debitive mutualism" kind regards
John Lawrence King

Entanglement hypothesis

The science hypothesis: there is pattens and similarities/parallels of up and down quarks within pattens of atmospheric water molecules whereby tunnelling and entanglement and the two up and two down quarks *(perhaps also interactions with leptons/bosons)* of neutron(s) and proton(s) have similarities with atmospheric water molecules and the resultant patten(s) of quantum entanglement, within quantum atmospheric entanglement.

So, we breathe in and out quantum entangled quarks; that suggests that quantum atmospheric entanglement is the vector of quantum entangled thoughts, though the way to prove thought = energy, internal and external to the physiology is via Quantum-enzymology and Quantum-chemistry of which is perhaps necessary together with an new branch of mathematics and laboratory experimentation to prove the resultant hypothesis derived from the question(s).

See question: - Question for the Quantum-Biologists and Enzymologists: - How does a cerebral-fluid enzyme hold audio and visual memory *(i.e., a Chinese character and associated audiometry)*; before, during and after transmission of neurotransmitter from one neuron to another neuron.

A laboratory experiment is necessary; whereby simulated cerebral-fluid is within a petri-dish, containing neurotransmitters, neurons and enzymes with a control mechanism transmitting the neurotransmitter along the polarised neuron to the enzyme, and some mechanism to quantify and qualitatively compute how an enzyme holds memory, other than quantum entanglement and tunnelling; there is some other mechanistic unidentified phenomenon not yet known. If you have a reasonable hypothesis as to how, please do not hesitate to contact me at johnlawrenceking@bio-functional-foods.com for dialogue.

The origins of the universe Hypothesis

Hypothesis - *big bang* and/or inflation *was initiated by the first quantum polarity by God (a laboratory science experiment to prove or disprove if energy is intelligent or not is required, if there is no god, there is nothing but fake monarch gods within the energy around the circumference of planet Earth, though at the origin of the universe the mass of intelligent energy is not you or I) Later the* initiation of matter and antimatter to initiate the big-bang and evolutionary space-time.

The hypothesis is that dark energy evolves into dark matter *(via rotating universe/galaxies, the spiraling galaxy are an quantum-mechanical-system, the input into the system is dark energy and the output is dark matter, towards universal-inflation of space-time)* thereby the resultant inflationary/evolutionary space-time, gravity - space-time are correlated.

The patterns of evolution are shown in evolutionary biology, evolution of parallel learning techniques and also quantum evolution; similarly, the pattens of evolution are within the origins of the universes, there was two quantum polarities *(perhaps even parallel universes)* initially in parallel before merging to create the big bang.

The pattens of the origins of the universe are similar with quantum polarity/affiliate and chemical affiliate for molecular evolution, similarly with species evolution there is polarity between male/female not only with the obvious though with brain structure and density of the neurons are different between male and female neurologically speaking.

Perhaps it is reasonable to hypothesise that the first quantum polarity was initiated via a mass of congealed energy that initiated evolution; the hypothesis is that the patterns of evolution were initiated to create an organic system for evolution; the *rationality and purpose of life is to live, to love and be loved and evolve, preferably via co-evolution or debate.*

The patterns of co-evolution are within the physiology between immunity and pathogens; the same patterns of co-evolution exist between the bacteria and fungi... in the soil that plant-life *(prokaryotes)* are dependent upon - Hypotheses by john Lawrence king.

The soul is the same, male/female the soul is the same, derived from the evolved energy from the origin of the universe is part of the hypothesis.

The ***Miller-experiment*** proves the first *self-replication-cells* were proteinoid(s), though does not prove the *spark-of-life*; of which, utilises quantum entanglement and tunnelling and some *additional phenomena* to affect the quantum polarity of meiosis and mitoses during cell division within the physiology.

Also see "Quantum astrological evolution that has affects upon Quantum-Epigenetics at quantum level epigenetics"

Quantum level Epigenetics and Quantum-Epigenetic-Drift will be the next step in the evolution of epigenetics Kind regards John Lawrence King

---

Peace sustainability and environmental sustainability are related!

Speaking as an environmental scientist, a *note for governmental managers of first-world-countries - it would be* self-preservation tofreely share clean-technologies with second and third world-countries so the pollution is minimal during industrialisation of the different economic cycles.

Also chemical affinity filtration systems *(via virous chemical affiliate bonds)* to diminish chemical and partial pollutants from industrial unit chimneys - *kind regards John Lawrence King.*

Also see:-

Global Climate Projections

China Great Wall Industry Corporation(CGWIC) Meteorological system - *data collected via satellites is used for environmental science*

China Great Wall Industry Corporation(CGWIC) Oceanographic System - *data collected via satellites is used for environmental science*

Applied atmospheric quantum thermal dynamics, is an experimental branch of mathematics that could be applied with gluon kinetics to create simulation software to simulate ozone *(within a science laboratory),* before tropospheric application designed for ozone replenishment (King,.J,.L 2023)

Biobibliography

Mary D'souza (2017) ***Atmospheric Physics*** *CALLISTO REFERENCE, ISBN-13 : 978-1632398543*

John, M, Wallace. Peter V. Hobbs. (2006) - ***Atmospheric Science an Introductory Survey*** *- second addition. University of Washington. ISBN 0-12=732951=X. and also see:* ***GPS and GNSS Technology in Geosciences*** *and published by Elsevier (S&T). ISBNs are 9780128186176, 0128186178.*

Atmospheric thermal dynamics will evolve into Quantum_Atmospheric_thermal_dynamics of which will evolve into Atmospheric-Quantum-Karma during the quantum renaissance of mathematics and quantum sciences with many inventions to establish belief system(s) that are not management of which will be forever lasting. kind regards John Lawrence King.

Atmospheric_Chromatography_Equipment would be the results of laboratory research into empty space(air) whereby colours could be qualified and quantified in the laboratory utilising the fields of quantum polarity (W bosons +/-) towards quantum science inventions with many harmless applications. John Lawrence King

Perhaps I should clearly state that my book and websites are NOT an election or Monarch campaign and also I should warn all that some corrupt are on my identification, often pretending to be me so take care not to get swindled by any person(s) that are dishonest. kind regards John Lawrence King

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Always promoting science and technology in a harmless reasonable lawful way

"This website is not for control or power other others" John Lawrence King

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Some old (2002) oil canvases/paintings painted by John Lawrence King

My crystal therapy exam was in the Quaker House during 2002-John Lawrence King

Some notes from my Teacher Training - None-invasive complementary Chios class21.03.02.doc

Chios is a none-invasive complementary holistic healing system that may have been partly proven in California.

Course Title: **Chios© Energy Field Healing (level I, & II)**

Course code: **CH01 & CH02**

Mode of Attendance: **Part Time**

Duration of Course: **Ten weekly three hour sessions**

Qualification: **Chios© Practitioner (CCH)**

Tutors name: **John King**

Week & LP. N°	**Week commencing (& Chios page)**	**Topic/Element breakdown Including Essential skills (ES)** (Added Value (AV) = Additional information & concepts may be added if and where appropriate)	**ASSESSMENT** incl. Essential Skills (e.g. Observation, Q/A, Assignment, Coursework, group work, worksheets, test, other)	**Teaching Domain** (Psychomotor, cognitive, affective & others)	**RESOURCES** (e g. assessment assignment computers, group work, handout Q & A, TV Video, Test, Other)
Chios Energy Field Healing (Level I)					
1	21/03/02 (p1-2)	Introduction & origins of Chios Attunements	Entrance behaviour **Belief Foundation of Same!**	None	Chios© Manuals/Workbook (Chios MW), Handouts (H)
2	28/03/02 (p3-6)	Learning to channel the energy, Beginning to sense the energy field	Approach (App)	(Self-assessment)	(Chios MW) & added Visual Representations (VS) H, Therapy Couch (TC), OHP
3	04/04/02 (p7-9)	Introduction to the chakra system (AV: Aura, Intention, Nadis, Meridians & energy flow)	Approach *Assessment on understanding*	(Self-assessment) **M-choice & Sort answer questions**	(Chios MW) H, VS, OHP, Q/A form
One week break (consolidation opportunity)					
4	18/04/02 (p10-13)	A typical treatment, Precautions & special situations (*practical assessment*). (AV.ES: basic holistic health care & elementary counselling for Holistic therapists)	Approach/understanding Ethical App.	(Self-assessment). **Observational checklist Observational tracking**	(Chios MW) H, VS, OHP, TC, OT form.
Chios Energy Field Healing (Level II)					

5	25/04/02 (p1-9)	Introduction & Attunements, Chios symbol usage to call in energy	Approach/understanding	(Self-assessment). **Set Client Report**	(Chios MW) Handouts VS, OHP, OT-form
6	02/05/02 (p10-18)	Aura & chakra energetic defects, Sensing aura & chakra condition (reception & guidance)	Approach/understanding	(Self-assessment).	(Chios MW) Handouts VS, OHP, TC, OT-form
7	09/05/02 (p19-25)	Cancelled my class - as my chios class was devastated by the Winsor Monch visit	Approach/understanding	(Self-assessment).	(Chios MW) Handouts VS, OHP, TC, OT-form
8	16/05/02 (p26-35)	**Cancelled my class as my chios class was devastated by the Winsor Monch visit as they are Military and I'm not**	Approach/understanding	(Self-assessment).	(Chios MW) Handouts VS, OHP, TC, OT-form
9	23/05/02 (p36-40)	**The 5 verses called same were 12 months later used for the good Friday peace agreement in Ireland; though were to teach equilibrium of the polarities in a none-competitive way. Please note that I or you are NOT same/God.** Though we are all part of the same energy form the quantum fields. ***I wrote same verses, not the Stewart Monarch, you are not God Stewart Monarch (see Blogs)***	Approach/understanding Client empathy	(Self-assessment). **Client Report**	(Chios MW) Handouts VS, OHP, TC, OT-form
10	30/05/02 (p41-48)		Approach/understanding Ethical/Professional App.	(Self-assessment). **Observational checklist Observational tracking**	(Chios MW) Handouts VS, OHP, TC, OT-form

DIFFERENTIATION: ***Handouts were given out at the beginning of the session to benefit any students hearing and eyesight impairments.***

KEY WORDS: Metaphysics (not yet mathematically proven), Philosophy (philosophical believe system), Science (mathematically proven)

EVALUATION. (Objectives - evidence base for evaluation): ***Multiple choice & Short Q/A, Observational Assessment, Self-assessment.*** ***https://www.chioshealing.com*** **Also see Chios Disclaimer**

Some Chinese Buddha.pdf if you remember Quantum-resonance via colour or sound, of music an/or colure

also see: yin/yang coevolving mutualism.
https://doreenvirtue.com/

Remember: this website is not for control and power over others

Additional links for juicing/smoothies/powders:-

- super greens - fruit and vegetable powder - Bing - Shopping
- fruit and vegetable powder - Google Search
- Organic Fruit and Vegetable Powders - Bing - Shopping
- https://www.innocentdrinks.co.uk

johnlawrenceking@bio-functional-foods.com

A list of Sciences invention's by John Lawrence King

https://www.youtube.com/watch?v=BRi3tfj7YmE - A Beautiful Tradition Of Buddhism Gregorian Chant | 3 Hours Of Prayer With The Nuns | Orthodox Choir Music

Positive harmless evolution, combined with environmental sustainability will create long term sustainable peace". Kind regards John Lawrence King

A mile-square-gated-community would be suitable for housing the UK elderly, so that independent living within a communal community would be a safe and happy community to live within UK and perhaps elsewhere; also with self-reliantce (financially, and food production via internal roof-greenhouses) and a railway system for communal travel between shops and industries.

Those that need funding for governmental-industrialism would perhaps like to consider floating governmental-domestic and/or industrial-bonds on the stock exchange to restart/save/enhance the economy.

This website is not for control or power other others, though

Co-evolving debate and co-evolving mutualism is the solution at all levels though.

'Equilibrium of yin-female/yang-male will diminish the divorce rate via sensitive debative mutualism'
Whereby two souls grow and stay together via co-evolution mutualism.
kind regards John Lawrence King

'Equilibrium of the parties/polarities will keep peace towards communal-living'

'The pattens of science evolution are Equilibrium of the polarities'

PROOF:-

The laboratory experimentation of two laboratories often produces the same results if applied to real science in the absence of agender-based thinking of hierarchical management;

With real science *(not pseudo-science – or management)* the two laboratories are using the same science data, equipment, and methods of which, would evolve the same results if there is no faults in the derived experiment. Thus, proving that the two laboratories would evolve the same results in a non-competitive-way; therefore, non-competitive-equilibrium of the polarities is the pattens of science evolution.

About **astrological-quantum-biology**

Romantic suggestions linked with astrological-quantum-biology would be very compatible and coevolving mutual relationships would be long-lasting as the beneficial information provided via the new astrologers of astrological-quantum-biology would be very precise whithin a new dating App.

This is a bit of a hypothesis, yet to be proven, both polarities of male and female brain is different, the male (yang) and female (Yin) neurological networks are different in density and structure. The difference creates differentiated quantum energy via quantum entanglement *(See bit-coin-encryption-keys - in book)*. A magnet has quantum equilibrium, co-evolution is equilibrium that is an innate none-competitive patten written in science-evolution ***(i.e. relationships evolve better with pattens of none-competitiveness, as with molecular and quantum evolution, Whereby two souls grow and stay together via co-evolution via mutualism)***. Also see:- *Astrological Evolution - Towards the evolution of astrology, upgrading astrology into Astrological Quantum Biology*, kind regards john Lawrence king.

Atmospheric thermal dynamics will evolve into Quantum Atmospheric thermal dynamics of which will evolve into Atmospheric-Quantum-Karma during the quantum renaissance of mathematics and quantum sciences with many inventions to establish belief system(s) that are not management of which will be forever lasting. kind regards John Lawrence King.

Some Chinese **Buddha.pdf** if you remember Quantum-resonance via colour or sound, of music an/or colour

https://doreenvirtue.com/

some Quantum-resonance via colour/sound of music that is the result of quark-flavour changes via quantum entanglement affecting the quark-flavours

The invention of Quantum_Atmospheric_Chromatography equipment would interpret the flavours of quantum quark so that the different curlers of the resultant resonating sound be shown upon a graphical display, this is precise science of music.

"Quantum level Epigenetics and Quantum-Epigenetic-Drift will be the next step in the evolution of epigenetics" John Lawrence King

"Governmental industrialism is the solution to enhance the GDP, reduce unemployment, reduce the trade-deficit *(if the currency/pound is not too strong)* and eventually pay of the national-debt; Governmental industrialism would be financed via flotation of governmental bonds, this plan is applicable for the UK and other technetronic-plate(governmental) business" John Lawrence King.

The people's Democratic republic party is a better alternative than Monarchism *(as history has been repetitive)*; Idealistically a referendum for no Monarch on the throne would bring peace, as Monarchism will become less important during the Quantum-Science-Renaissance and peace" John Lawrence King

Peace sustainability and environmental sustainability are related and important during the quantum science Renaissance; Monarchism will become less important during the Quantum-Science-Renaissance; *There are many techniques the UK monarch uses for* ***enslavement***, the solution is a international petition for a referendum for no monarch on the UK throne, together with rewriting the bible the outcome would be long-term-sustainable peace. John Lawrence King

In the UK, equilibrium between left and right would perhaps unite the Welsh, Scottish, Irish, and English people in Peace via a voting/Referendum system; this patten of equilibrium sustainability would create/make and keep long-term-sustainable-peace elsewhere, peace could be created if antagonistic-opposites in Christianity Where/are reduced (perhaps via co-evolving mutualism); and as there has been no sustainable peace in the UK for thousands of years a referendum for no monarch on the throne in the UK so to stop the monarch(s) competitive behaviour and bring long term peace with the UK populous.

The 3rd-way is when the monarch puppeteers do not enslave governments (or any others) like puppets; and monarchs allow the real energy from the origin to thrive (see origin of the universe hypotheses).

Those that have been enslaved are vulnerable to blackmail and perhaps should not be in governments.

During peace-times governments become strong providing they're not blackmailed into corruption;

The solution to long-term-global-peace is compatible political philosophies, perhaps The peoples democratic republic parties would make and keep sustainable peace (see structure of the Analytical Pece Keeping System/Model). Providing the Devil-games of 6.6.2026 to 2066 of prevented Nostradamus prophecy of 2070 will not occur.

I'm the template the monarchs have been copying

As you and others walk the path/Tao of personal-growth Learning how to be balanced, moderate and fair (via debate and/or mutualism) in an harmless way on your forever changing scales of reasonable perception.

Observe +10 and -10 though stay balanced, moderate and harmless on your Tao/Path.
-10---------- 0 ----------10+

There is Quantum sciences, molecular and real environmental sciences though most, if not all pseudoscience/management is management for power and control over others. The meaning and purpose of life is to live, love, and be loved on your Tao whereby happiness occurs whist evolving providing happiness is permitted.
The solution to long-term-global-peace is compatible political philosophies, perhaps the peoples democratic republic parties would make and keep sustainable peace.

"the more you grasp onto love the more elusive harmless love becomes" John Lawrence King

"the competitive mind is a conditioned mind, not natural and not a pioneering mind" John Lawrence King

"The meaning and purpose of life is to live, love and be loved and to evolve, preferably via co-evolving mutualism or debate" happiness occurs on the Tao if harmless, and if you create good karma in a harmless way, without selling your soul; the first step towards happiness is being content with self and loved ones.

Perhaps I should clearly state that my book and websites are NOT an election or Monarch campaign, also If you are using offensive weapons in any way, come off my websites as I do not use security.
This website is not for control or power other others.

About the devil games:

Do not blame the 666 devils for anything, the devils are NOT an escape for your questionable behaviour. Windsor/Mountbatten/Stewart monarch devil games (that began on the 06.06.1963 at 2am UK-time; the monarch devil- game's had negative affect on the world thereafter 1966;

Those that have been playing devil-games are in the shadows of the dark cave Plato refers to (*in classic Greek text*); are those in Plato's dark cave dark cave of dishonesty, corruption and criminality.

use self-appraisal to see where you were/are on your forever-changing scales of awareness.

"ignorance is the enemy of intellectualism" Written by John Lawrence King

+ 10 ---------- 0 ---------- - 10

The O represent evolution in the light of Yin/Yang Quantum Buddhism as the basis of Quantum and Molecular science is the light of truth, or the reality of science(s) mixed with science Hypothesis(s) and A list of Sciences invention's by John Lawrence King that are forever lasting once proven by scientist(s). Written by John Lawrence King *(not you).*

The monarchs are lying and later bullying governments into being obedient and blaming the devil, those borne on a 666 day! take care on 06.06.2026 and the Month of June 2066. Towards the solution is: **www.yinyangquantumbuddhism.tech** and **www.quantumsciencerenaissance.com** be wary of those pursuing wealth and power during 2026 and 2066, those pursuing love and harmless happiness are trusted.

Thus, there is negative or positive evolution during the quantum science renaissance, in the event of diplomatic governmentalism (not dictative monarchism) and the bible is rewritten, there will be long term sustainable peace; if the bible is not rewrote before the 2026 devil-game there will be chaos, mayhem and conflicts...

The UK 17th century monarch has been competitive against the UK 6th 12th and 15th century monarch since the 17th century, the competitive behaviours of the UK 17th century monarch has not change other than the competitive behaviours are hidden.
Those on the internet trying to supress my website for money are the scammers, they may be involved in more corruption for money then we know; I advise that those suppressive scammers be investigated for fraud and corruption!

During 1918 the Stewart Monarch was involved with negative engineering at the devils expense; the Stewart Monarch was playing devil with Freud, Jung and a Mathematician whilst abusing a devil during 1919 when the UK Police were established during 1919 all basted on devil games that began with the romans about 50 years A.D. previous to approximately 50 years A.D the romans used the Greek system of the 'Greek Gods' that was actually the Monarchs competing for more power and wealth during B.C

I'm getting terrorized at night whist sleeping for being good and harmless by you know whom in the UK, perhaps it is because 666 devils always get blamed for other people's behaviour, the real fault is in Christianity. Three 666 devil(s) have difficulty finding a spouse because of the devil-games via people like you if you are a player Analytical self-appraisal is required of you!

The devil player(s) are often involved in insurance-fraud so I invite all insurance-fraud-investigators on my websites in the name of crime prevention.

Often people sell their soul for worthless money or power so that the ones that sell their souls' for money or power - have no after-life or compromised after-life, this is enslavement.

Love and harmless happiness is worth more than enslavement via various enslavement techniques that the monarchs use to gain power and control other others in life and after life, do not sell your soul of which is far beyond tangible value.

Do not build your house on sand(bible), build on legality!

If this website changes in support of military or monarchism, that will mean I'm I've been hacked/threatened, they want to promote military and monarchism of which I will not support.

also see: A system of analytical peace keeping

some Quantum-resonance via colour/sound of music that is the result of quark-flavour changes via quantum entanglement affecting the quark-flavours;

The invention of Quantum_Atmospheric_Chromatography equipment would interpret the flavours of quantum quark so that the different colours of the resultant resonating sound be shown upon a graphical display, this is precise science of music:-

The above perhaps may be utilised for sound and colour therapy in the future after the Quantum_Atmospheric Chromatography equipment and other Quantum equipment proves that colour therapy actually works. Also Quantum_Atmospheric Chromatography equipment may perhaps be utilise for quantum atmospheric studies for temperature dependent ozone replenishment.

S. Bach - Harpsichord Concertos (youtube.com)
https://www.youtube.com/watch?v=4FdTiwlGSsk Harpsichord

Bach: Harpsichord Concerto No.1 in D Minor BWV 1052 (Jean Rondeau) - YouTube

https://www.youtube.com/watch?v=lX1zicNRLmY - Allegri | Miserere mei by King's College, Cambridge and also
https://www.youtube.com/watch?v=THwOiOzcb6w - The Snowman 1982 (Full Movie)

https://www.youtube.com/watch?v=Iu7HEmOgOkk - delightful Chinese Country Love Songs

https://www.youtube.com/watch?v=yggiocdLe2g&t=767s Reiki Music - healing multiple planes - physical, mental, emotional and spiritual
https://www.youtube.com/watch?v=2u4xpN9ii5s Reiki Music, Remove All Negative Energy, Healing Aura, Increases Mental Strength

https://www.youtube.com/watch?v=iNcuE9ToyJc&t=902s - Leo Rojas

https://www.youtube.com/watch?v=HvaXLNhAlbc&list=RDEMVD88iOpHGXma,JocZVbKU3w&index=8 - Leo Rojas - Top 10 Best Songs - Leo Rojas

https://www.youtube.com/watch?v=6H6hthRxJCc Tibetan flute

https://www.youtube.com/watch?v=7GvQuKH8Bi4 - Native American flute music

https://www.youtube.com/watch?v=G_K8X3jdzrA - Native American flute music

https://www.bilibili.com/video/BV16T411G7tS/?from=search - some delightful Chinese Love songs

https://www.youtube.com/watch?v=Leob7Fv1ibM&t=1578s - Reiki Music: Universal healing energy music, reiki meditation, music for positive energy https://www.youtube.com/watch?v=0WsHTRixPcc BEAUTIFUL BIRDSONG DEEP IN THE FOREST

New – membership coming soon - www.yinyangbuddhism.com

https://www.youtube.com/watch?v=M0AWBnAv8VE bird song

https://www.functional-foods.info

Quantum evolution

www.bio-functional-foods.org

www.Bio-Functional-Foods.com

www.functionalfoods.website

www.functional-foods.info

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Phone number *

Your message

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Free Book - Nutrition, Functional Foods and Epigenetics Discover the fascinating world of nutrition and functional foods with this new textbook from author John Lawrence King. Ideal for beginner to intermediate level students in health education, this paperback publication from amazon covers the latest research and insights into the role of epigenetics in our diet. Explore the impact of different food groups on our genetic expression, and learn how functional foods can be used to support health and wellness. This comprehensive guide is suitable for adult learners in further education, sixth form college, or vocational school, and provides a valuable resource for anyone interested in the cutting-edge field of nutritional science. This text is suitable for the general population that have a thirst for knowledge and for individuals with a studious interest in Nutriepigenomics, Functional foods, Bio-Functional-foods and Epigenetics as methods towards healthy ageing. The reader's health is not guaranteed, though functional foods combined with personalised nutrition and exercise will help towards healthy ageing.